

# MODULE 3: Thinking Critically

Introduction ..... 2

## Families and Communities

3.A Relationship Scale ..... 6

### Handouts:

Relationships.....8  
Relationships Scale .....9

3.B Values Voting..... 10

### Key:

Values Statements..... 12

3.C Linda and Larry: Communicating Messages  
and Assumptions.....13

### Handouts:

Linda's Story..... 15  
Larry's Story .....16

3.D Why We Do It (or Don't).....17

### Key:

'Forced Choice' Statements ..... 19

These activities correspond to the following learning objectives from the NWT Health Curriculum:

- 8.1 There are many different family patterns.
- 8.2 Interpersonal relationships vary from casual to intimate.

Participants will be able to:

- 8.1.a) Identify family patterns in the community.
- 8.2.a) Describe types of interpersonal relationships.
- 8.2.b) Identify characteristics that promote the development of relationships.

## Teen Decisions

3.E Methods of Contraception ..... 20

### Handouts:

Condoms..... 21  
Male Condoms..... 22  
Female Condoms ..... 23  
Abstinence..... 24  
Emergency Contraceptive Pill..... 25  
Oral Contraceptive ..... 26  
Contraceptive Patch..... 27  
Vaginal Ring (NuvaRing)..... 28  
Injection (Depo-Provera®)..... 29  
Intra-uterine System (Mirena) ..... 30

3.F Condom Comfort.....31

### Handouts:

Proper Steps in Condom Use ..... 34  
How to Use a Condom..... 35  
**Key:**  
Proper Steps in Condom Use ..... 36

<b>3.G Talking About Safe Sex .....</b>	<b>37</b>
Talking to your Partner about Birth Control.....	38
Taking Responsibility .....	39

**These activities correspond to the following learning objectives from the NWT Health Curriculum:**

8.6 Individuals can plan the reproduction of new life.

*Participants will be able to:*

8.6.a) Describe some methods of birth control.

### **Sexually Transmitted Infections (STIs)**

<b>3.H Handshake Virus .....</b>	<b>40</b>
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**These activities correspond to the following learning objectives from the NWT Health Curriculum:**

8.7 Sexually transmitted diseases are serious communicable diseases that can be prevented.

*Participants will be able to:*

8.7.a) Identify the causes, characteristics, consequences, treatment and prevention of common sexually transmitted diseases.

<b>3.I Solutions to Empower People to use Condoms .....</b>	<b>42</b>
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**Handout:**

Solutions to Empower People to use Condoms .....44

**Key:**

Solutions to Empower People to use Condoms ..... 47

### **Abuse Prevention**

<b>3.J Sexual Assault and Dating Violence Scenarios Analysis .....</b>	<b>50</b>
--	-----------

**Handouts:**

Healthy Relationships ..... 51

Cycle of Violence ..... 52

Coercion..... 53

Warning Signs of an Abusive Relationship.....54

Why do Teens Stay in Abusive Relationships? ..... 55

Tips for Safer Dating.....56

Scenario One ..... 57

Scenario Two.....58

Scenario Three.....59

**Keys:**

Scenario One Analysis.....60

Scenario Two Analysis ..... 61

Scenario Three Analysis..... 62

<b>3.K Reader’s Theatre .....</b>	<b>63</b>
-----------------------------------	-----------

Reader’s Theatre Script..... 65

Scenario #1 Cards: ..... 69

Scenario #2 Cards: ..... 71

Scenario #2 Cards: ..... 72

**3.L The Healing Journey Origami Quiz ..... 73**

The Healing Journey Origami Quiz..... 74

**These activities correspond to the following learning objectives from the NWT Health Curriculum:**

8.8 There are many types of violence that may occur within the family.

*Participants will be able to:*

- 8.8.a) Describe family violence.
- 8.8.b) Identify factors that may lead to family violence.
- 8.8.c) Describe methods of coping with family violence.

**Lifestyles**

**3.M Personal Action Plan..... 75**

Personal Action Plan ..... 76

Personal Action Plan ..... 76

**These activities correspond to the following learning objectives from the NWT Health Curriculum:**

8.9 Positive lifestyle practices promote health.

*Participants will be able to:*

- 8.9.a) Identify positive lifestyle practices that promote a young person's healthy sexuality and family relationships.
- 8.9.b) Design a personal program to promote a healthy sexuality and/or family relationships.
- 8.9.c) Evaluate the effectiveness of the program.